

# Sessions & Activities



## Breast Start

A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breastfeed with support from peer supporters and a trained health care professional. **No need to book, just come along.**



## Other Services and Support

You can also access information and support around **volunteering, counselling services**, how to join our parent groups or become a **parent champion**, access **wider feeding support** and much more.

### Breastfeeding Support & Guidance

available from qualified Family Hub Staff in all of our Hubs.

Monday - Friday

Pop in or call us on:

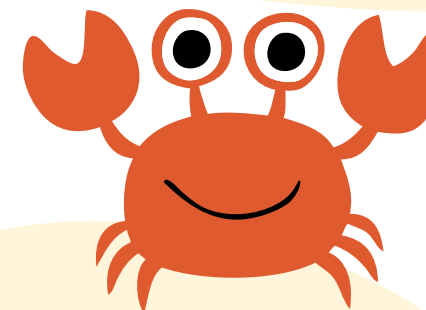
01302 736880 (Balby)  
01302 737995 (Central)  
01302 737790 (Wheatley)



Don't forget to follow us on Facebook for all the latest updates! Just search for your local Family Hub!



Central  
Family  
HUBs



## Our Venues

### Central Family Hub

Welcome Way  
Doncaster, DN1 3LE  
01302 737995

### Wheatley Family Hub

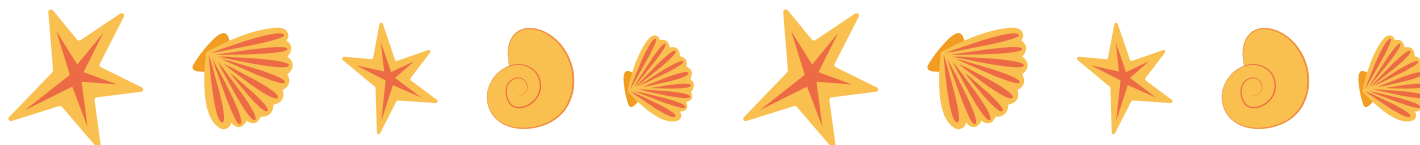
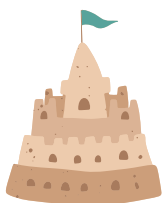
Old School Way  
off Beckett Road, Wheatley,  
Doncaster, DN2 4AJ  
01302 737790

### Balby Family Hub

1 Sandycroft Crescent  
Balby, Doncaster  
DN4 0TY  
01302 736880

**Become a member at  
your local Family Hub!**

For more information, visit:  
[DONCASTER.GOV.UK/FAMILYHUBS](https://doncaster.gov.uk/familyhubs)



# Central Family HUBs



## Central Family Hubs Summer Timetable 21st July - 29th August

Other community  
venues we deliver at:

### Intake Library

Montrose Avenue, Intake,  
DN2 6PL

### The King's Cross Church

Urban Road, Hexthorpe,  
DN4 0EP

### St. Paul's Catholic Church

21 Goodison Boulevard, Cantley,  
DN4 6BT

### Westfield Park

Littlemoor Lane, Balby,  
DN4 0LN

Discover the sessions, activities,  
support and events taking place for families of  
children aged 0-5 and beyond!

Join us at:

Central Family Hub

Balby Family Hub

Wheatley Family Hub



We can't wait  
to see you!

Proudly supporting families in Central Doncaster including:

Balby • City Centre • Cantley • Wheatley  
Hexthorpe • Bessacarr • Intake

[www.yourlifedoncaster.co.uk/family-hubs](http://www.yourlifedoncaster.co.uk/family-hubs)

## Summer Timetable

**Week 1: 21st July – 25th July**

	Monday 22nd	Tuesday 23rd	Wednesday 24th	Thursday 25th	Friday 26th
Balby	 <p>All of our sessions are <b>dad/male carer</b> friendly</p>	<b>First Friends</b> <b>9:30am–11:00am</b>	<b>Breast Start</b> <b>9:30am–11:00am</b>		
Central	<b>Messy Play</b> <b>10:00am–11:00am</b>	<b>Summer Family Fun</b> <b>1:30pm–3:00pm</b>	<b>First Friends</b> <b>9:30am–11:00am</b>		
Wheatley	<b>First Friends</b> <b>9:30am–11:00am</b>	<b>Summer Crafts</b> <b>10:00am–11:00am</b>	<b>Summer Family Fun</b> <b>10:00am–11:30am</b>		<b>Nature Explorers</b> <b>1:30pm–3:00pm</b>
Other venues	<b>Cantley Family Fun Safety Week</b> <b>1:00pm–3:00pm</b> St. Paul's Church Hall, 21 Goodison Boulevard, Cantley, DN4 6BT	<b>Breastfeeding Support &amp; Guidance</b> <b>available from qualified Family Hub Staff in all of our Hubs.</b> <b>Monday – Friday</b> <b>Pop in or call us on:</b> <b>01302 736880 (Balby)</b> <b>01302 737995 (Central)</b> <b>01302 737790 (Wheatley)</b> 		 <p><b>Sensory Rooms</b>  <b>available to book for free</b>  <b>Monday – Friday</b>  <b>Please call</b>  <b>Balby 01302 736880</b>  <b>Central 01302 737995</b>  <b>Wheatley 01302 737790</b></p>	<b>Bumps to Babies</b> <b>9:30am–11:00am</b> The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP  <b>Wriggle, Rhyme &amp; Storytime</b> <b>1:30pm–2:30pm</b> The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP

# Sessions & Activities

Central  
Family  
HUBs

## ★ **First Friends** (Pre-Birth to Pre-Crawling)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a trained Nursery Nurse is available.

**You can attend this group if you are currently pregnant.**



## ★ **Family Fun** (0-11 years)

Fun, interactive sessions for the whole family to enjoy with a different theme each week, such as Water, Jungle, Pets, Farm, Mini Beasts and Sea Animals.



## ★ **Bumps to Babies** (pre-birth to 12 months)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. **You can attend this group if you are currently pregnant.**



## ★ **Summer Crafts** (0-5 years)

Come along and get creative with the whole family. Making arts and crafts for Summer, supporting your children to become imaginative, using both their fine and gross motor skills.

## ★ **Reptile Rendezvous** (0-5 years) **Booking Essential**

Come and join us for our Reptile Rendezvous. A fun play session where you and your child can meet reptiles and furry friends.

## ★ **Wriggle, Rhyme & Storytime** (0-5 years)

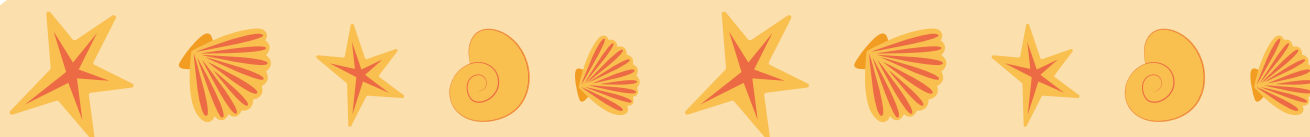
Enjoy our fun and interactive session where children can explore music, rhymes and stories with their parent/carers using props and sensory resources.

## ★ **Nature Explorers** (18 months - 5 years)

An interactive session exploring the outdoors. This session includes a range of different nature activities, including nature hunts, using tools, den making and leaf mark making.

## ★ **Messy Play** (0-5 years)

Take part in a variety of messy play experiences. The session aims to provide you and your child with lots of opportunities to explore messy play, experience positive interactions and provide fun, low cost play ideas that can be recreated at home. Please dress appropriately as this session will get MESSY!

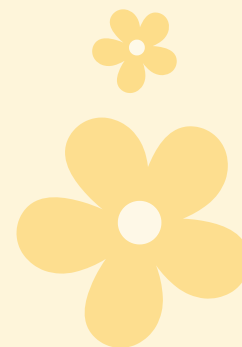






# Balby Family Fun

JOIN US FOR SOME FUN....  
BOUNCY CASTLE & SLIDE  
FACE PAINTING  
FAMILY HUB ACTIVITIES  
ALL ACTIVITIES ARE FREE



**WESTFIELD PARK  
LITTLEMOOR LANE, BALBY  
DN4 0LN**  
Every **Thursday** - 11am-3pm  
starting from  
Thursday 31st July –  
Thursday 28th August



# Summer Timetable

Week 2: 28th July – 1st August

Central  
Family  
HUBs


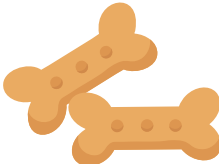



	Monday 29th	Tuesday 30th	Wednesday 31st	Thursday 1st	Friday 2nd
Balby		<b>First Friends</b> 9:30am–11:00am	<b>Breast Start</b> 9:30am–11:00am	 <p>All of our sessions are <b>dad/male carer</b> friendly</p>	
Central	<b>Reptile Rendezvous</b> 1:00pm–1:45pm or 2:00pm–2:45pm	<b>Summer Family Fun</b> 1:30pm–3:00pm	<b>First Friends</b> 9:30am–11:00am		
Wheatley	<b>First Friends</b> 9:30am–11:00am	<b>Summer Crafts</b> 10:00am–11:00am	<b>Summer Family Fun</b> 10:00am–11:30am		<b>Nature Explorers</b> 1:30pm–3:00pm
Other venues	<b>Cantley Family Fun Healthy Lifestyle Week</b> 1:00pm–3:00pm St. Paul's Church Hall, 21 Goodison Boulevard, Cantley, DN4 6BT		<b>Summer Crafts</b> 10:30am–11:30am Intake Library, Montrose Avenue, DN2 6PL		
					<b>Bumps to Babies</b> 9:30am–11:00am The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP  <b>Wriggle, Rhyme &amp; Storytime</b> 1:30pm–2:30pm The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP

BOOKING ONLY – Call  
Central Family Hub on  
01302 737995 to book  
your place

# Summer Timetable

**Week 3: 4th August – 8th August**

**Central  
Family  
HUBs**

	Monday 5th	Tuesday 6th	Wednesday 7th	Thursday 8th	Friday 9th
Balby	<b>Summer Family Fun</b> <b>10:00am–11:30am</b>	<b>First Friends</b> <b>9:30am–11:00am</b>	<b>Breast Start</b> <b>9:30am–11:00am</b>		
Central		<b>Summer Family Fun</b> <b>1:30pm–3:00pm</b>	<b>First Friends</b> <b>9:30am–11:00am</b>		
Wheatley	<b>First Friends</b> <b>9:30am–11:00am</b>		<b>Summer Family Fun</b> <b>10:00am–11:30am</b>		<p>All of our sessions are <b>dad/male carer</b> friendly</p>
Other venues	<b>Cantley Family Fun Joyful Movement Week</b> <b>1:00pm–3:00pm</b> St. Paul's Church Hall, 21 Goodison Boulevard, Cantley, DN4 6BT			<p>Sensory Rooms available to book for free  <b>Monday – Friday</b>            Please call            Balby 01302 736880            Central 01302 737995            Wheatley 01302 737790</p>	

# Summer Timetable

Week 4: 11th August – 15th August




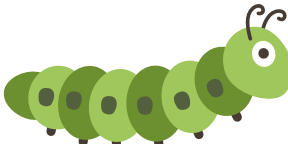



	Monday 12th	Tuesday 13th	Wednesday 14th	Thursday 15th	Friday 16th
Balby	<b>Summer Family Fun</b> <b>10:00am–11:30am</b>	<b>First Friends</b> <b>9:30am–11:00am</b>	<b>Breast Start</b> <b>9:30am–11:00am</b>		
Central		<b>Summer Family Fun</b> <b>1:30pm–3:00pm</b>	<b>First Friends</b> <b>9:30am–11:00am</b>		
Wheatley	<b>First Friends</b> <b>9:30am–11:00am</b>		<b>Summer Family Fun</b> <b>10:00am–11:30am</b>		<b>Nature Explorers</b> <b>1:30pm–3:00pm</b>
Other venues	<b>Cantley Family Fun Great Outdoors Week</b> <b>1:00pm–3:00pm</b> St. Paul's Church Hall, 21 Goodison Boulevard, Cantley, DN4 6BT				<b>Bumps to Babies</b> <b>9:30am–11:00am</b> The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP  <b>Wriggle, Rhyme &amp; Storytime</b> <b>1:30pm–2:30pm</b> The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP



# Summer Timetable




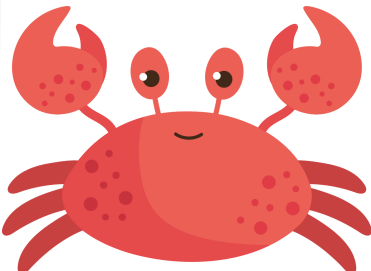
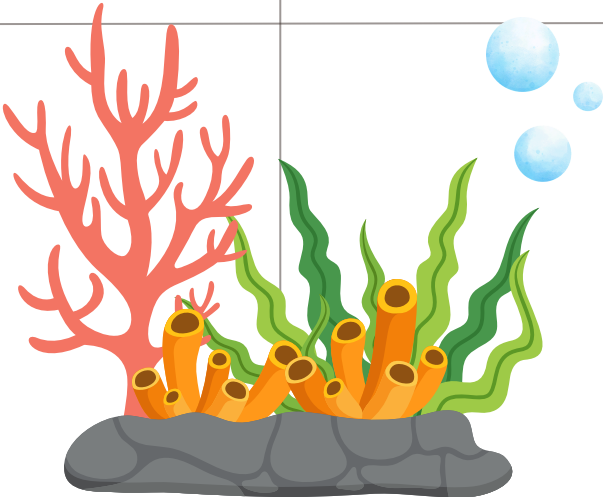
**Week 5: 18th August – 22nd August**

**Central  
Family  
HUBs**

	Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22d	Friday 23rd
Balby	<b>Summer Family Fun</b> <b>10:00am–11:30am</b>	<b>First Friends</b> <b>9:30am–11:00am</b>	<b>Breast Start</b> <b>9:30am–11:00am</b>	 <p>All of our sessions are <b>dad/male carer</b> friendly</p>	
Central		<b>Summer Family Fun</b> <b>1:30pm–3:00pm</b>	<b>First Friends</b> <b>9:30am–11:00am</b>		
Wheatley	<b>First Friends</b> <b>9:30am–11:00am</b>	<b>Summer Crafts</b> <b>10:00am–11:00am</b>	<b>Summer Family Fun</b> <b>10:00am–11:30am</b>		<b>Nature Explorers</b> <b>1:30pm–3:00pm</b>
Other venues	<b>Cantley Family Fun Sports Day Party</b> <b>1:00pm–3:00pm</b> St. Paul's Church Hall, 21 Goodison Boulevard, Cantley, DN4 6BT 	 <p>Sensory Rooms available to book for free  <b>Monday – Friday</b>            Please call            Balby 01302 736880            Central 01302 737995            Wheatley 01302 737790</p>			<b>Bumps to Babies</b> <b>9:30am–11:00am</b> The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP  <b>Wriggle, Rhyme &amp; Storytime</b> <b>1:30pm–2:30pm</b> The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP

# Summer Timetable

**Week 6: 25th August – 29th August**

	Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 29th	Friday 30th
Balby	BANK HOLIDAY	<b>First Friends</b> 9:30am–11:00am	<b>Breast Start</b> 9:30am–11:00am		
Central	BANK HOLIDAY	<b>Summer Family Fun</b> 1:30pm–3:00pm	<b>First Friends</b> 9:30am–11:00am		
Wheatley	BANK HOLIDAY		<b>Summer Family Fun</b> 10:00am–11:30am		<b>Nature Explorers</b> 1:30pm–3:00pm
Other venues	<p>All of our sessions are dad/male carer friendly</p> <p>BANK HOLIDAY</p>				<p><b>Bumps to Babies</b> 9:30am–11:00am The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP</p> <p><b>Wriggle, Rhyme &amp; Storytime</b> 1:30pm–2:30pm The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP</p>